

Did you know that modern aquatics started at the YMCA? For more than 100 years, we've been teaching children of all skill levels to swim. There is a reason why the YMCA is referred to as *America's Favorite Swim Instructor*. In YMCA classes, you or your child will be taught in a caring way how to swim. In addition, you will learn about safety, rescue skills, and other water activities you can enjoy for a lifetime.

Swimming builds self-confidence and develops the whole person – spirit, mind and body. Swimming is not only great exercise and a challenging sport, but it is a life skill. Ys offer swim lessons for all ages, so we can all safely enjoy the pleasures of an aquatic environment.

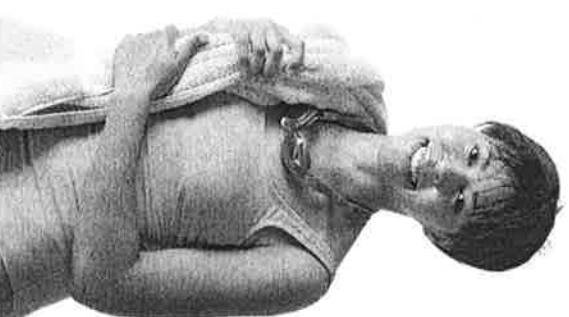
We pride ourselves on our commitment to water safety. Not only will we help assess you or your child's swimming abilities, ensuring that each participant is placed in an appropriate class, we insist on lifeguard supervision at all times.



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Your Swim Instructor, Your Pace

**Private Swim Lessons**  
**YMCA OF SOUTHEAST TEXAS**



**YMCA OF SOUTHEAST TEXAS**  
6760 Ninth Ave  
Port Arthur, TX 77642  
409.962.6644  
409.853.1558 fax

[www.ymcasetx.org](http://www.ymcasetx.org)

**LESSON INFORMATION**

- Ideal for apprehensive swimmers or those with specific needs. Lessons are scheduled by appointment only.
- Private swim lesson sessions consist of four lessons lasting 45 minutes each.
- Days and times are scheduled around your requested time and instructor availability.

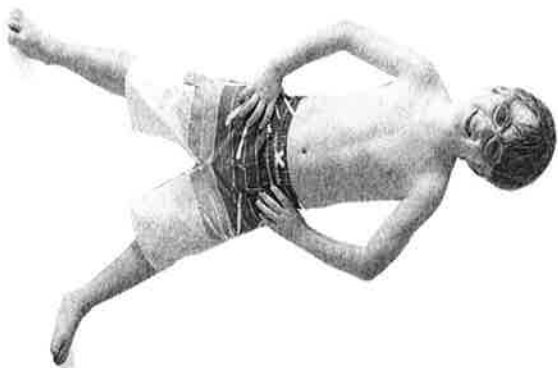
**REGISTRATION INFORMATION**

- Determine which level is appropriate.
- Complete and return the registration form with payment (one participant per form).
- Complete and return registration form with payment to the YMCA front desk.
- Refunds will not be given after the start of the session.

If you have any questions please contact Joshua Humphrey, Aquatics Coordinator at 409.962.6644 or at [jhumphrey@ymcasetx.org](mailto:jhumphrey@ymcasetx.org)

**Private Lessons**  
Ages 3-Adults of All Ages

\$ 80 Member  
\$ 100 Non-member



**Teaching skills  
That  
Saves Lives**

**Private Swim Lessons**

Participant's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Gender: Male Female

Address: \_\_\_\_\_ Apt.# \_\_\_\_\_ Home

Phone: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Emergency Contact (Parent or Guardian if under 18): \_\_\_\_\_

Phone: \_\_\_\_\_

By registering my child for this program, I recognize that participation in YMCA activities may expose my child to some risk or injury. I agree to hold the YMCA harmless from any claim for damage to any property or person which may occur through participation in any activity at the YMCA. I agree that for special occasions or for commercial purposes, a YMCA employee or the media may take video or snapshots of you or your child. Initialed by parent or guardian: \_\_\_\_\_

Level chosen circle one:      Beginner      Intermediate      Advanced

Best available days and times: \_\_\_\_\_